



ESTHETIC DENTAL GROUP OF WESTPORT

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Temporary Crown or Bridge

Post Treatment Care:

During your appointment today, one or more of your teeth was prepared for a crown or bridge. A temporary crown was fabricated for each prepared tooth. Temporary crowns are cemented with a temporary dental cement to allow for easy removal at your next appointment.

Until your next appointment:

- Whenever anesthesia is used, avoid chewing on your teeth until the numbness has totally worn off to avoid injury of your lip, tongue, or cheek.
- You may experience sensitivity to temperature and pressure, gum soreness and slight discomfort on the tooth / teeth for the first week after the initial appointment.
- Avoid hard or sticky foods that may dislodge temporary crowns, such as:
 - Hard chewy breads such as bagels or French bread.
 - Chewy candies such as taffy, caramels or gum.
- If a temporary crown becomes loose or comes off, try to place it back onto the tooth and call the office immediately to get the crown re-cemented.
- Rinse your mouth with Listerine mouthwash or warm salt water to minimize inflammation of the gum tissue.
- Do not floss the temporary crown unless food gets trapped between the teeth. Floss carefully and don't pull up on the floss which may dislodge the temporary. Pull the floss out from the side of the temporary crown.
- You may experience sensitivity to hot or cold foods or beverages after treatment.
- Mild to moderate discomfort after dental work is common. Taking 3 tablets of Motrin or Advil (600 mg) every 6 hours as needed, over the next couple of days, will help to prevent discomfort. If unable to take an anti-inflammatory, Tylenol may be used.

If your bite feels uneven, if you have persistent pain, or if you have any other questions or concerns, please call our office.

