



ESTHETIC DENTAL GROUP OF WESTPORT

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Temporary Veneers

Post Treatment Care:

During your appointment today, one or more of your teeth was prepared for a veneer. A temporary veneer was fabricated for each prepared tooth. Temporary veneers are affixed with an interim dental adhesive to allow for easy removal at your next appointment.

Until your next appointment:

- Whenever anesthesia is used, avoid chewing on your teeth until the numbness has worn off to avoid injury of your lip tongue or cheek.
- You may experience sensitivity to temperature and pressure, gum soreness and slight discomfort on the tooth / teeth for the first week after initial treatment.
- Avoid incising directly into any foods as they may dislodge and or break the temporary veneer, break off or cut small pieces of food and chew using the posterior teeth.
- It is very easy to break, crack, and loosen temporary veneers as they are held on predominately by mechanical retention. If a temporary veneer becomes loose, breaks, or comes off, call our office immediately and save the broken piece.
- Rinse your mouth with Listerine mouthwash or warm salt water to minimize inflammation of the gum tissue.
- Do not floss the temporary veneer to avoid risk of veneer dislodging.
- You may experience sensitivity to hot or cold foods or beverages after treatment.
- Mild to moderate discomfort after dental work is common. Taking 3 tablets of Motrin or Advil (600 mg) every 6 hours as needed, over the next couple of days, will help to prevent any discomfort. If unable to take an anti-inflammatory, Tylenol may be used.

If your bite feels uneven, if you have persistent pain, or if you have any other questions or concerns, please call our office.

